ZPC Woerden
Utrechtse Winterkampioenschappen korte baan 2026 1e weekend **Utrecht (NED) 14-/15-11-2026**

Overzicht van de behaalde limieten Korte baan (25m)
Er wordt rekening gehouden met tijden, waar de limieten 100% behaald zijn.
woensdag 1 januari 2025 tot dinsdag 3 november 2026

		Limieten 25m	Limieten 50m	25m bad	50m bad			
Baars Milou, 20-1-2013								
2	**50 rugslag**	40.02	42.18		**38.16**	Amersfoort (NED)	30-5-2026	122,2%
4	**200 wisselslag**	3:12.52	3:19.25	**2:54.50**		Driebergen (NED)	10-10-2026	121,7%
6	**100 vlinderslag**	1:30.37	1:32.07	**1:24.16**		Utrecht (NED)	4-10-2026	115,3%
8	**200 vrije slag**	2:58.69	3:02.24	**2:27.99**		Amersfoort (NED)	27-9-2026	145,8%
13	**50 vrije slag**	37.13	37.91	**29.87**		Amersfoort (NED)	27-6-2026	154,5%
15	**100 wisselslag**	1:29.96		**1:19.92**		Soest (NED)	5-9-2026	126,7%
17	**100 schoolslag**	1:37.81	1:40.93	**1:29.93**		Driebergen (NED)	10-10-2026	118,3%
Bagdasarov Daniel, 23-7-2011								
1	**50 vrije slag**	31.70	32.72	**29.55**		Amersfoort (NED)	27-9-2026	115,1%
18	**100 vlinderslag**	1:16.37	1:18.55	**1:16.34**		Woerden (NED)	30-3-2025	100,1%
20	**200 vrije slag**	2:32.97	2:37.02	**2:26.73**		Utrecht (NED)	4-10-2026	108,7%
Bogers Anoek, 21-4-2010								
13	**50 vrije slag**	32.04	32.71	**31.02**		Amersfoort (NED)	27-9-2026	106,7%
Braspennincx Rosalie, 24-6-2007								
2	**50 rugslag**	33.04	34.83		**32.78**	Amersfoort (NED)	24-5-2025	112,9%
6	**100 vlinderslag**	1:13.49	1:14.87	**1:12.96**		Bergschenhoek (NED)	12-1-2025	101,5%
8	**200 vrije slag**	2:20.03	2:22.88	**2:14.84**		Bodegraven (NED)	6-4-2025	107,8%
13	**50 vrije slag**	29.57	30.19	**28.14**		Rotterdam (NED)	28-6-2025	110,4%
van Es Jurre, 28-11-2009								
1	**50 vrije slag**	29.49	30.44	**28.01**		Amersfoort (NED)	27-9-2026	110,8%
18	**100 vlinderslag**	1:12.20	1:14.26		**1:12.53**	Amersfoort (NED)	18-5-2025	104,8%
20	**200 vrije slag**	2:22.31	2:26.08	**2:20.06**		Nijmegen (NED)	11-4-2026	103,2%
Fanggiday Silvijn, 12-8-2012								
20	**200 vrije slag**	2:32.97	2:37.02	**2:32.43**		Amersfoort (NED)	27-9-2026	100,7%
van Gent David, 24-7-2013								
1	**50 vrije slag**	36.66	37.83	**35.32**		Barneveld (NED)	9-5-2026	107,7%
5	**100 schoolslag**	1:37.33	1:41.37	**1:34.72**		Amersfoort (NED)	27-9-2026	105,6%
Groenhout Danique, 8-1-2012								
8	**200 vrije slag**	2:44.98	2:48.26	**2:44.48**		Amersfoort (NED)	1-11-2026	100,6%
13	**50 vrije slag**	34.96	34.24	**34.96**		Soest (NED)	5-9-2026	100,0%
den Hollander Thijs, 10-5-2007								
1	**50 vrije slag**	26.38	27.23		**26.73**	Amersfoort (NED)	24-5-2025	103,8%
Hoogendoorn Daan, 14-10-2005								
1	**50 vrije slag**	26.38	27.23	**24.50**		Amersfoort (NED)	14-3-2026	115,9%
3	**100 wisselslag**	1:02.31		**1:00.16**		Rotterdam (NED)	28-6-2025	107,3%
5	**100 schoolslag**	1:13.13	1:16.17	**1:04.77**		Maastricht (NED)	22-11-2025	127,5%
7	**200 vlinderslag**	2:26.91	2:30.90	**2:25.79**		Bodegraven (NED)	6-4-2025	101,5%
16	**200 wisselslag**	2:22.62	2:28.30	**2:15.53**		Amersfoort (NED)	14-3-2026	110,7%
18	**100 vlinderslag**	1:04.44	1:06.28	**59.79**		Bergschenhoek (NED)	12-1-2025	116,2%
20	**200 vrije slag**	2:07.35	2:10.72	**2:01.38**		Bodegraven (NED)	2-2-2025	110,1%
Janssen Jesper, 14-7-2014								
1	**50 vrije slag**	36.66	37.83		**33.82**	Amersfoort (NED)	30-5-2026	125,1%
3	**100 wisselslag**	1:25.14		**1:24.89**		Veenendaal (NED)	28-3-2026	100,6%
5	**100 schoolslag**	1:37.33	1:41.37		**1:36.58**	Amersfoort (NED)	30-5-2026	110,2%
14	**50 rugslag**	38.65	41.81		**40.54**	Bückeburg (GER)	13-6-2026	106,4%
16	**200 wisselslag**	3:10.27	3:17.86	**3:02.41**		Driebergen (NED)	9-5-2026	108,8%
20	**200 vrije slag**	2:50.77	2:55.29	**2:38.14**		Utrecht (NED)	4-10-2026	116,6%

		Limieten 25m	Limieten 50m	25m bad	50m bad			
de Jong Anouk, 5-9-2009								
13	**50 vrije slag**	32.04	32.71	**29.29**		Amersfoort (NED)	14-3-2026	119,7%
17	**100 schoolslag**	1:25.73	1:28.46	**1:23.65**		Utrecht (NED)	23-11-2025	105,0%
de Jong Tessa, 24-6-2010								
4	**200 wisselslag**	2:47.28	2:53.13		**2:52.12**	Oosterhout (NED)	30-3-2025	101,2%
13	**50 vrije slag**	32.04	32.71		**31.03**	Amsterdam (NED)	9-2-2025	111,1%
17	**100 schoolslag**	1:25.73	1:28.46		**1:28.02**	Nordhorn (GER)	8-6-2025	101,0%
Kostermann Diederick, 11-3-2013								
1	**50 vrije slag**	36.66	37.83		**35.22**	Amersfoort (NED)	30-5-2026	115,4%
14	**50 rugslag**	38.65	41.81		**41.77**	Bückeburg (GER)	13-6-2026	100,2%
de Leeuw Martijn, 23-5-1998								
1	**50 vrije slag**	26.38	27.23	**24.70**		Rotterdam (NED)	29-6-2025	114,1%
Lintvelt Albert, 17-2-2014								
1	**50 vrije slag**	36.66	37.83		**33.45**	Amersfoort (NED)	30-5-2026	127,9%
5	**100 schoolslag**	1:37.33	1:41.37		**1:36.31**	Amersfoort (NED)	30-5-2026	110,8%
14	**50 rugslag**	38.65	41.81		**38.79**	Amersfoort (NED)	17-5-2026	116,2%
16	**200 wisselslag**	3:10.27	3:17.86	**3:02.61**		Driebergen (NED)	9-5-2026	108,6%
20	**200 vrije slag**	2:50.77	2:55.29	**2:35.53**		Leiden (NED)	21-3-2026	120,6%
Oostendorp Sven, 14-2-2011								
1	**50 vrije slag**	31.70	32.72		**31.18**	Amersfoort (NED)	30-5-2026	110,1%
20	**200 vrije slag**	2:32.97	2:37.02	**2:26.45**		Utrecht (NED)	4-10-2026	109,1%
Otto Mees, 14-4-2010								
1	**50 vrije slag**	29.49	30.44	**29.40**		Amersfoort (NED)	14-3-2026	100,6%
3	**100 wisselslag**	1:08.51		**1:07.06**		Utrecht (NED)	4-10-2026	104,4%
5	**100 schoolslag**	1:19.93	1:23.25	**1:17.49**		Amersfoort (NED)	1-11-2026	106,4%
16	**200 wisselslag**	2:37.05	2:43.41	**2:26.75**		Amersfoort (NED)	1-11-2026	114,5%
18	**100 vlinderslag**	1:12.20	1:14.26	**1:07.44**		Amersfoort (NED)	27-9-2026	114,6%
20	**200 vrije slag**	2:22.31	2:26.08	**2:10.67**		Utrecht (NED)	4-10-2026	118,6%
van Remmerden Fabiënne, 12-9-2012								
2	**50 rugslag**	36.84	38.83		**34.75**	Amersfoort (NED)	30-5-2026	124,9%
4	**200 wisselslag**	2:57.05	3:03.24	**2:52.11**		Nijmegen (NED)	11-4-2026	105,8%
8	**200 vrije slag**	2:44.98	2:48.26	**2:29.66**		Soest (NED)	14-2-2026	121,5%
13	**50 vrije slag**	34.96	34.24	**29.66**		Amersfoort (NED)	27-6-2026	138,9%
15	**100 wisselslag**	1:20.09		**1:17.07**		Veenendaal (NED)	28-3-2026	108,0%
de Roo Milan, 26-11-2001								
1	**50 vrije slag**	26.38	27.23		**26.23**	Drachten (NED)	2-5-2026	107,8%
5	**100 schoolslag**	1:13.13	1:16.17	**1:11.80**		Bodegraven (NED)	6-4-2025	103,7%
18	**100 vlinderslag**	1:04.44	1:06.28	**1:01.22**		Maastricht (NED)	23-11-2025	110,8%
Ruijssenaars Freek, 17-5-2007								
1	**50 vrije slag**	26.38	27.23	**24.39**		Amsterdam (NED)	12-7-2026	117,0%
Scheel Lisa, 17-12-2013								
13	**50 vrije slag**	37.13	37.91	**34.48**		Amersfoort (NED)	1-11-2026	116,0%
Schifflers Brent, 27-1-2009								
1	**50 vrije slag**	29.49	30.44		**26.36**	Amersfoort (NED)	30-5-2026	133,4%
3	**100 wisselslag**	1:08.51		**1:02.42**		Utrecht (NED)	4-10-2026	120,5%
5	**100 schoolslag**	1:19.93	1:23.25	**1:11.91**		Amersfoort (NED)	1-11-2026	123,5%
7	**200 vlinderslag**	2:42.22	2:46.62	**2:23.16**		Amersfoort (NED)	14-3-2026	128,4%
14	**50 rugslag**	31.93	34.55		**29.91**	Amersfoort (NED)	17-5-2026	133,4%
16	**200 wisselslag**	2:37.05	2:43.41	**2:17.43**		Nijmegen (NED)	15-11-2025	130,6%
18	**100 vlinderslag**	1:12.20	1:14.26	**1:01.55**		Nijmegen (NED)	15-11-2025	137,6%
20	**200 vrije slag**	2:22.31	2:26.08	**1:58.57**		Nijmegen (NED)	11-4-2026	144,1%

		Limieten 25m	Limieten 50m	25m bad	50m bad			
Stevens Lucas, 7-9-2010								
1	**50 vrije slag**	29.49	30.44		**28.86**	Amersfoort (NED)	30-5-2026	111,2%
5	**100 schoolslag**	1:19.93	1:23.25	**1:18.00**		Nijmegen (NED)	15-11-2025	105,0%
16	**200 wisselslag**	2:37.05	2:43.41		**2:40.70**	Amersfoort (NED)	17-5-2026	103,4%
Suvaal Fenna, 10-2-2012								
8	**200 vrije slag**	2:44.98	2:48.26	**2:37.26**		Utrecht (NED)	4-10-2026	110,1%
13	**50 vrije slag**	34.96	34.24	**32.94**		Soest (NED)	5-9-2026	112,6%
17	**100 schoolslag**	1:30.21	1:33.09	**1:29.09**		Amersfoort (NED)	14-3-2026	102,5%
Terlouw Ian, 27-5-2000								
1	**50 vrije slag**	26.38	27.23	**25.05**		Rotterdam (NED)	29-6-2025	110,9%
3	**100 wisselslag**	1:02.31		**1:01.70**		Utrecht (NED)	4-10-2026	102,0%
5	**100 schoolslag**	1:13.13	1:16.17	**1:12.89**		Nijmegen (NED)	11-4-2026	100,7%
7	**200 vlinderslag**	2:26.91	2:30.90	**2:20.89**		Bodegraven (NED)	6-4-2025	108,7%
14	**50 rugslag**	29.27	31.67		**30.11**	Amersfoort (NED)	17-5-2026	110,6%
16	**200 wisselslag**	2:22.62	2:28.30	**2:18.43**		Gouda (NED)	9-3-2025	106,1%
18	**100 vlinderslag**	1:04.44	1:06.28	**59.32**		Woerden (NED)	30-3-2025	118,0%
20	**200 vrije slag**	2:07.35	2:10.72	**2:05.38**		Amersfoort (NED)	27-9-2026	103,2%
Turnbull Inde, 26-12-2009								
13	**50 vrije slag**	32.04	32.71	**31.26**		Amersfoort (NED)	14-3-2026	105,1%
Veenis Pip, 9-12-2009								
13	**50 vrije slag**	32.04	32.71	**30.75**		Utrecht (NED)	23-11-2025	108,6%
Verschelling Carlijn, 13-1-2010								
13	**50 vrije slag**	32.04	32.71	**31.40**		Bielefeld (GER)	25-10-2025	104,1%
Zwartenbol Ruben, 12-11-2001								
14	**50 rugslag**	29.27	31.67		**31.52**	Drachten (NED)	11-5-2025	101,0%