

KNZB Competitie deel 2



ZPC Woerden

Woerden 20-11-2022

Nationale Zwemcompetitie deel 2 - zondag 20 november 2022 om 12:45u (25 m)

Aanvangstijd juryvergadering: 12:15u

1. 4x100m vrije slag dames
11 - 14 jaar (Junioren 4 en jonger)
2. 4x50m vrije slag dames
11 - 14 jaar (Junioren 4 en jonger)
 1. SG SCOM/de Zeehond'73 02:08.87

Ola Zalewska 2008	50m	00:31.63	31,63
Ebony Mercera 2008	100m	01:04.37	32,74
Ashley Mercera 2010	150m	01:36.97	32,60
Merel Bijl 2009	200m	02:08.87	31,90
 2. WIDEX GZC DONK 02:09.08

Erin de Jong 2010	50m	00:32.35	32,35
Tessa de Jong 2010	100m	01:04.94	32,59
Tess Liebrechts 2010	150m	01:38.06	33,12
Eva Ehlert 2010	200m	02:09.08	31,02
3. ZPC Woerden 02:19.14

Carlijn Verschelling 2010	50m	00:34.49	34,49
Eloise van der Sluijs 2008	100m	01:07.73	33,24
Eva Khouri de Jong 2008	150m	01:43.49	35,76
Inde Turnbull 2009	200m	02:19.14	35,65
4. Zoetermeer 02:21.49

Celeste van Rijn 2011	50m	00:37.97	37,97
Alisa van Brummelen 2009	100m	01:17.14	39,17
Daynah de Snaijer 2008	150m	01:49.48	32,34
Sanne Mulder 2009	200m	02:21.49	32,01
5. d'Elft WAVE (SG) 02:31.40

Lise Post 2009	50m	00:34.96	34,96
Ambrine van de Ven-Afroun 2011	100m	01:13.01	38,05
Kyra van Paassen 2009	150m	01:52.98	39,97
Madeleine Burger 2008	200m	02:31.40	38,42
3. 4x100m wisselslag heren
11 - 15 jaar (Junioren 4 en jonger)
 - DIS. d'Elft WAVE (SG) 00:00.00

Adam Krajewski 2007	400m	00:00.00	0,00
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4. 100m vlinderslag - Dames
vanaf 11 jaar (Senioren Open)
 1. Angelique van Vark (WIDEX GZC DONK, 199701478) 01:07.93

50m	00:31.21	31,21
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 2. Anne Aarts (d'Elft WAVE (SG), 199207942) 01:14.68

50m	00:34.50	34,50
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 3. Rosalie Braspenninx (ZPC Woerden, 200702530) 01:17.12

50m	00:35.31	35,31
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 4. Linda van Klei (WIDEX GZC DONK, 198802088) 01:19.31

50m	00:36.21	36,21
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 5. Veerle van Munster (ZPC Woerden, 200102632) 01:20.65

50m	00:37.07	37,07
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6. Marlinde Beukers (d'Elft WAVE (SG), 200101934) 50m 00:36.00 36,00	01:21.70
7. Jamila de Lobel (SG SCOM/de Zeehond'73, 200602320) 50m 00:37.02 37,02	01:21.70
8. Jana Driest (WIDEX GZC DONK, 200103582) 50m 00:37.38 37,38	01:24.16
9. Gerda van Mook (d'Elft WAVE (SG), 199301538) 50m 00:39.92 39,92	01:27.00
10. Aukje Schonewille (SG SCOM/de Zeehond'73, 200702340) 50m 00:39.11 39,11	01:28.64
11. Liese Kastelijn (ZPC Woerden, 200505128) 50m 00:41.12 41,12	01:29.94
12. Sanne van Dijk (Zoetermeer, 199000818) 50m 00:39.63 39,63	01:31.74
13. Esmee Verbeek (Zoetermeer, 200502086) 50m 00:41.64 41,64	01:31.97
14. Clementine Bruxvoort (SG SCOM/de Zeehond'73, 197700138) 50m 00:47.29 47,29	01:44.22
5. 100m vlinderslag - Heren <i>vanaf 11 jaar (Senioren Open)</i>	
1. Ian Terlouw (ZPC Woerden, 200002345) 50m 00:27.50 27,50	01:00.25
2. Jarno Verbeek (Zoetermeer, 200200931) 50m 00:28.74 28,74	01:00.72
3. Thijs Molendijk (d'Elft WAVE (SG), 199900477) 50m 00:29.15 29,15	01:02.86
4. Milan de Roo (ZPC Woerden, 200102215) 50m 00:28.96 28,96	01:03.13
5. Paul van Grol (WIDEX GZC DONK, 199602951) 50m 00:29.76 29,76	01:03.51
6. Bas Blanker (SG SCOM/de Zeehond'73, 200601497) 50m 00:29.50 29,50	01:03.71
7. Kaan Uludag (Zoetermeer, 200603559) 50m 00:29.43 29,43	01:04.76
8. Rick de Waard (SG SCOM/de Zeehond'73, 199401095) 50m 00:29.91 29,91	01:07.66
9. Thom van Vark (WIDEX GZC DONK, 200101305) 50m 00:31.81 31,81	01:10.21
10. Jeroen Bechtold (d'Elft WAVE (SG), 200002657) 50m 00:32.15 32,15	01:11.58
11. Wout van Oevelen (d'Elft WAVE (SG), 200404319) 50m 00:33.29 33,29	01:13.00
12. Jim Fanggiday (ZPC Woerden, 197902071) 50m 00:32.91 32,91	01:14.27
13. Floris Tiebosch (Zoetermeer, 200203487) 50m 00:34.51 34,51	01:15.10
14. Kevin Lu (d'Elft WAVE (SG), 200303283) 50m 00:35.21 35,21	01:17.48
15. Thomas de Ruig (Zoetermeer, 199301457) 50m 00:34.83 34,83	01:20.25

16. Alfonso Verkerk (SG SCOM/de Zeehond'73, 197601665)	01:27.02
50m 00:39.73 39,73	
6. 100m vrije slag - Dames	
10 - 12 jaar (Junioren 2 en jonger)	
1. Erin de Jong (WIDEX GZC DONK, 201000024)	01:09.70
50m 00:33.39 33,39	
2. Ashley Mercera (SG SCOM/de Zeehond'73, 201000178)	01:10.84
50m 00:35.25 35,25	
3. Tessa de Jong (WIDEX GZC DONK, 201000026)	01:13.27
50m 00:35.06 35,06	
4. Carlijn Verschelling (ZPC Woerden, 201001342)	01:17.63
50m 00:36.67 36,67	
5. Brisa Dekkers (WIDEX GZC DONK, 201002164)	01:18.98
50m 00:36.77 36,77	
6. Milou Banen (ZPC Woerden, 201000288)	01:25.13
50m 00:46.24 46,24	
7. Alicia Bourgonje (SG SCOM/de Zeehond'73, 201102434)	01:26.62
50m 00:41.35 41,35	
8. Ilsa Kindermans (SG SCOM/de Zeehond'73, 201100942)	01:26.77
50m 00:39.63 39,63	
9. Celeste van Rijn (Zoetermeer, 201101272)	01:29.06
50m 00:43.37 43,37	
10. Michelle Claassen (ZPC Woerden, 201100876)	01:30.69
50m 00:44.51 44,51	
11. Laura de Jong (WIDEX GZC DONK, 201101110)	01:35.84
50m 00:46.55 46,55	
12. Avril Dekkers (WIDEX GZC DONK, 201201262)	01:54.96
50m 00:54.39 54,39	
13. Ailyn Turina (WIDEX GZC DONK, 201201264)	02:04.26
50m 00:54.34 54,34	
7. 50m vrije slag - Dames	
10 - 12 jaar (Junioren 2 en jonger)	
1. Ambrine van de Ven-Afroun (d'Elft WAVE (SG), 201101494)	00:38.69
8. 100m vrije slag - Heren	
11 - 13 jaar (Junioren 2 en jonger)	
1. Brent Schiffers (ZPC Woerden, 200902041)	01:05.58
50m 00:31.59 31,59	
2. Sven Mulder (Zoetermeer, 200901655)	01:08.50
50m 00:31.91 31,91	
3. Izayah Castillo (SG SCOM/de Zeehond'73, 201100311)	01:14.94
50m 00:33.94 33,94	
4. Mees Otto (ZPC Woerden, 201001319)	01:20.21
50m 00:38.53 38,53	
5. Lucas de Ronde (WIDEX GZC DONK, 200903207)	01:26.75
50m 00:40.81 40,81	
6. Jalal Hammadi (Zoetermeer, 201001855)	01:28.52
50m 00:42.33 42,33	
7. Jurre van Es (ZPC Woerden, 200903567)	01:28.58
50m 00:41.42 41,42	

8. Kyan van Wetten (WIDEX GZC DONK, 200903577) 50m 00:44.38 44,38	01:31.36
9. Daan Wisseloo (ZPC Woerden, 201000755) 50m 00:44.16 44,16	01:37.23
10. Cas Muller (WIDEX GZC DONK, 200903119) 50m 00:45.57 45,57	01:37.83
11. Max van den Berg (Zoetermeer, 201002437) 50m 00:47.19 47,19	01:40.60
12. Nouamane Affane (WIDEX GZC DONK, 200903433) 50m 00:48.37 48,37	01:43.58
13. Zachary Bos (WIDEX GZC DONK, 201101433) 50m 00:48.43 48,43	01:47.11
9. 50m vrije slag - Heren 11 - 13 jaar (<i>Junioren 2 en jonger</i>)	
1. Michael Voinov (d'Elft WAVE (SG), 201002803)	00:39.22
10. 100m schoolslag - Dames 11 - 16 jaar (<i>Jeugd 2 en jonger</i>)	
1. Anoeska Wiltenburg (WIDEX GZC DONK, 200703028) 50m 00:37.41 37,41	01:20.48
2. Nada Mghizrat (WIDEX GZC DONK, 200702178) 50m 00:39.32 39,32	01:23.01
3. Ebony Mercera (SG SCOM/de Zeehond'73, 200800488) 50m 00:40.51 40,51	01:27.75
4. Evelien Holterman (Zoetermeer, 200601124) 50m 00:42.04 42,04	01:28.91
5. Tamar Schelling (ZPC Woerden, 200604544) 50m 00:42.80 42,80	01:31.79
6. Lisa Bruining (ZPC Woerden, 200702528) 50m 00:42.58 42,58	01:32.35
7. Sterre Verhage (SG SCOM/de Zeehond'73, 200702494) 50m 00:44.27 44,27	01:32.43
8. Noa Bijl (SG SCOM/de Zeehond'73, 200603586) 50m 00:43.02 43,02	01:33.80
9. Sterre de Lange (SG SCOM/de Zeehond'73, 200600036) 50m 00:47.08 47,08	01:40.52
10. Puck Hoogeveen (ZPC Woerden, 200701794) 50m 00:47.36 47,36	01:42.06
11. Josanne Betting (ZPC Woerden, 200604842) 50m 00:47.56 47,56	01:43.29
12. Mila Kolster (WIDEX GZC DONK, 200903620) 50m 00:52.07 52,07	01:52.62
13. Jolijn Kamp (WIDEX GZC DONK, 200901176) 50m 00:50.83 50,83	01:54.77
DIS. Loes van Wensem (WIDEX GZC DONK, 200802208)	00:00.00
DIS. Jiska Oskam (WIDEX GZC DONK, 200903622)	00:00.00
11. 50m schoolslag - Dames 11 - 16 jaar (<i>Jeugd 2 en jonger</i>)	
1. Lieke van den Aniel (d'Elft WAVE (SG), 200702010)	00:41.20
2. Nayely Acosta Avarado (d'Elft WAVE (SG), 200602934)	00:44.91

3. Juliette Burger (d'Elft WAVE (SG), 200702966)	00:46.66
12. 100m schoolslag - Heren <i>11 - 17 jaar (Jeugd 2 en jonger)</i>	
1. Roan van der Weide (WIDEX GZC DONK, 200601629) 50m 00:32.40 32,40	01:08.68
2. Björn Mulder (Zoetermeer, 200601517) 50m 00:33.96 33,96	01:13.23
3. Bart Tuinenburg (ZPC Woerden, 200602347) 50m 00:35.10 35,10	01:15.61
4. Benjamin Vermeer (Zoetermeer, 200600177) 50m 00:35.09 35,09	01:15.88
5. Daniel Gavran (WIDEX GZC DONK, 200600667) 50m 00:38.83 38,83	01:23.81
6. Tibbe Veldboer (SG SCOM/de Zeehond'73, 200600911) 50m 00:40.71 40,71	01:25.82
7. Casper van Leeuwen (WIDEX GZC DONK, 200601329) 50m 00:41.45 41,45	01:28.30
8. Maurice Tiebosch (Zoetermeer, 200601253) 50m 00:42.78 42,78	01:31.23
9. Max van Schagen (WIDEX GZC DONK, 200800793) 50m 00:46.03 46,03	01:37.00
13. 50m schoolslag - Heren <i>11 - 17 jaar (Jeugd 2 en jonger)</i>	
1. Eddie Salkicevic (d'Elft WAVE (SG), 200503983)	00:36.34
2. Kyan van Wetten (WIDEX GZC DONK, 200903577)	00:49.63
3. Zachary Bos (WIDEX GZC DONK, 201101433)	01:00.24
4. Nouamane Affane (WIDEX GZC DONK, 200903433)	01:00.82
14. 50m schoolslag - Dames <i>vanaf 11 jaar (Senioren Open)</i>	
1. Angelique van Vark (WIDEX GZC DONK, 199701478)	00:34.48
2. Veerle van Munster (ZPC Woerden, 200102632)	00:34.98
3. Marlinde Beukers (d'Elft WAVE (SG), 200101934)	00:37.75
4. Linda van Klei (WIDEX GZC DONK, 198802088)	00:40.08
5. Anne Aarts (d'Elft WAVE (SG), 199207942)	00:41.17
6. Jamila de Lobel (SG SCOM/de Zeehond'73, 200602320)	00:41.29
7. Liese Kastelijn (ZPC Woerden, 200505128)	00:41.63
8. Jana Driest (WIDEX GZC DONK, 200103582)	00:41.72
9. Rosalie Braspenning (ZPC Woerden, 200702530)	00:41.93
10. Ilse van den Wijngaard (ZPC Woerden, 198904736)	00:42.03
11. Esmee Verbeek (Zoetermeer, 200502086)	00:43.24
12. Gerda van Mook (d'Elft WAVE (SG), 199301538)	00:45.24
13. Sanne van Dijk (Zoetermeer, 199000818)	00:45.61
14. Aukje Schonewille (SG SCOM/de Zeehond'73, 200702340)	00:47.52
15. 50m schoolslag - Heren	

vanaf 11 jaar (Senioren Open)

1. Paul van Grol (WIDEX GZC DONK, 199602951)	00:32.44
2. Jarno Verbeek (Zoetermeer, 200200931)	00:32.57
3. Jim Fanggiday (ZPC Woerden, 197902071)	00:33.16
4. Bas Blanker (SG SCOM/de Zeehond'73, 200601497)	00:33.16
5. Rick de Waard (SG SCOM/de Zeehond'73, 199401095)	00:33.64
6. Milan de Roo (ZPC Woerden, 200102215)	00:33.69
7. Thijs Molendijk (d'Elft WAVE (SG), 199900477)	00:34.80
8. Thomas de Ruig (Zoetermeer, 199301457)	00:36.28
9. Kaan Uludag (Zoetermeer, 200603559)	00:36.53
10. Thom van Vark (WIDEX GZC DONK, 200101305)	00:36.87
11. Wout van Oevelen (d'Elft WAVE (SG), 200404319)	00:37.20
12. Jeroen Bechtold (d'Elft WAVE (SG), 200002657)	00:37.36
13. Kevin Lu (d'Elft WAVE (SG), 200303283)	00:38.73
14. Alfonso Verkerk (SG SCOM/de Zeehond'73, 197601665)	00:40.75
15. Menno Lomans (d'Elft WAVE (SG), 196101071)	00:41.45
DIS: Sven Paauwe (d'Elft WAVE (SG), 199504701)	00:00.00
17. 100m rugslag - Dames	
<i>11 - 14 jaar (Junioren 4 en jonger)</i>	
1. Ola Zalewska (SG SCOM/de Zeehond'73, 200802836)	01:18.75
50m 00:38.68 38,68	
2. Daynah de Snajjer (Zoetermeer, 200802266)	01:18.95
50m 00:38.93 38,93	
3. Sanne Mulder (Zoetermeer, 200900280)	01:19.30
50m 00:38.62 38,62	
4. Eva Ehlert (WIDEX GZC DONK, 201002026)	01:22.52
50m 00:40.05 40,05	
5. Tess Liebrechts (WIDEX GZC DONK, 201000212)	01:24.21
50m 00:41.44 41,44	
6. Anouk de Jong (WIDEX GZC DONK, 200902506)	01:24.56
50m 00:42.72 42,72	
7. Merel Bijl (SG SCOM/de Zeehond'73, 200900762)	01:25.20
50m 00:41.89 41,89	
8. Hei Yiu Tang (SG SCOM/de Zeehond'73, 200902148)	01:25.72
50m 00:41.60 41,60	
9. Lise Post (d'Elft WAVE (SG), 200902228)	01:30.07
50m 00:44.72 44,72	
10. Eloise van der Sluijs (ZPC Woerden, 200802312)	01:32.13
50m 00:44.22 44,22	
11. Mayah Castillo (SG SCOM/de Zeehond'73, 200902544)	01:33.40
50m 00:45.63 45,63	
12. Zsazsa Klever (d'Elft WAVE (SG), 200802758)	01:34.58
50m 00:47.05 47,05	
13. Inde Turnbull (ZPC Woerden, 200903666)	01:34.80
50m 00:46.60 46,60	

14. Eva Khouri de Jong (ZPC Woerden, 200804384) 50m 00:46.25 46,25	01:35.69
15. Alisa van Brummelen (Zoetermeer, 200903150) 50m 00:47.50 47,50	01:36.67
16. Charlotte Brouwer (WIDEX GZC DONK, 200902606) 50m 00:50.34 50,34	01:37.82
17. Kyra van Paassen (d'Elft WAVE (SG), 200903802) 50m 00:49.78 49,78	01:42.64
18. Madeleine Burger (d'Elft WAVE (SG), 200803174) 50m 00:50.17 50,17	01:45.80
19. Jasmijn Hoogeveen (ZPC Woerden, 200900994) 50m 00:53.10 53,10	01:52.86
20. Gina Klaster (ZPC Woerden, 200804382) 50m 00:55.71 55,71	02:06.60
DIS. Hannah Rybka (SG SCOM/de Zeehond'73, 200900942)	00:00.00
20. 100m rugslag - Heren	
<i>11 - 15 jaar (Junioren 4 en jonger)</i>	
1. Max Bos (SG SCOM/de Zeehond'73, 200701383) [S10] 50m 00:35.80 35,80	01:13.26
2. Freek Ruijssenaars (ZPC Woerden, 200702139) 50m 00:35.34 35,34	01:14.48
3. Thijs den Hollander (ZPC Woerden, 200702477) 50m 00:37.40 37,40	01:17.79
4. Guus van Oevelen (d'Elft WAVE (SG), 200702533) 50m 00:37.64 37,64	01:18.84
5. Seth van den Dool (WIDEX GZC DONK, 200803809) 50m 00:39.48 39,48	01:21.02
6. Egon van Rijn (Zoetermeer, 200802625) 50m 00:42.83 42,83	01:28.65
7. Tijn Gerritsen (d'Elft WAVE (SG), 200703869) 50m 00:43.21 43,21	01:29.39
8. Daniel Gospodinov (SG SCOM/de Zeehond'73, 200803567) 50m 00:43.01 43,01	01:33.29
9. Noah Koenes (ZPC Woerden, 200803725) 50m 00:44.78 44,78	01:33.60
DIS. Adam Krajewski (d'Elft WAVE (SG), 200703695)	00:00.00
22. 50m schoolslag -	
<i>9 - 10 jaar (Minioren 4 en 5) Dames</i>	
1. Amelia Dziuba (SG SCOM/de Zeehond'73, 201201208)	00:49.51
2. Fenna Visser (WIDEX GZC DONK, 201300678)	00:51.82
3. Fenna Suvaal (ZPC Woerden, 201201502)	00:51.93
4. Migle Groeneweg (SG SCOM/de Zeehond'73, 201300702)	00:52.95
5. Linn Klene (ZPC Woerden, 201200712)	00:57.44
<i>9 - 11 jaar (Minioren 4,5,6) Heren</i>	
1. Thijs Hoogeveen (ZPC Woerden, 201100503)	00:46.20
2. Tom Vink (ZPC Woerden, 201101713)	00:50.55
3. Timo Verleur (d'Elft WAVE (SG), 201100635)	00:58.29

4. Silvijn Fanggiday (ZPC Woerden, 201201281)		00:59.81
5. Jonathan van Paassen (d'Elft WAVE (SG), 201102641)		01:00.72
6. Daniel Bagdasarov (ZPC Woerden, 201101511)		01:02.51
7. Judah Turnbull (ZPC Woerden, 201201435)		01:09.80
23. 200m wisselslag - Dames		
10 - 12 jaar (Junioren 2 en jonger)		
1. Erin de Jong (WIDEX GZC DONK, 201000024)		02:49.39
50m 00:36.18 36,18 100m 01:20.37 44,19 150m 02:10.70 50,33		
2. Tessa de Jong (WIDEX GZC DONK, 201000026)		02:55.85
50m 00:39.23 39,23 100m 01:25.96 46,73 150m 02:16.11 50,15		
3. Ashley Mercera (SG SCOM/de Zeehond'73, 201000178)		02:57.64
50m 00:40.50 40,50 100m 01:29.07 48,57 150m 02:18.18 49,11		
4. Carlijn Verschelling (ZPC Woerden, 201001342)		03:09.30
50m 00:43.17 43,17 100m 01:31.65 48,48 150m 02:25.04 53,39		
5. Brisa Dekkers (WIDEX GZC DONK, 201002164)		03:22.65
50m 00:43.79 43,79 100m 01:37.69 53,90 150m 02:38.39 60,70		
6. Milou Banen (ZPC Woerden, 201000288)		03:34.88
50m 00:50.51 50,51 100m 01:40.35 49,84 150m 02:44.87 64,52		
7. Alicia Bourgonje (SG SCOM/de Zeehond'73, 201102434)		03:40.18
50m 00:51.71 51,71 100m 01:48.19 56,48 150m 02:50.78 62,59		
8. Michelle Claassen (ZPC Woerden, 201100876)		03:40.19
50m 00:55.70 55,70 100m 01:51.78 56,08 150m 02:51.12 59,34		
9. Celeste van Rijn (Zoetermeer, 201101272)		03:42.63
50m 00:51.55 51,55 100m 01:49.04 57,49 150m 02:53.74 64,70		
10. Laura de Jong (WIDEX GZC DONK, 201101110)		03:45.28
50m 00:52.82 52,82 100m 01:51.82 59,00		
11. Avril Dekkers (WIDEX GZC DONK, 201201262)		04:28.86
50m 01:06.26 66,26 100m 02:15.84 69,58 150m 03:27.26 71,42		
DIS. Ailyn Turina (WIDEX GZC DONK, 201201264)		00:00.00
DIS. Ambrine van de Ven-Afroun (d'Elft WAVE (SG), 201101494)		00:00.00
DIS. Ilsa Kindermans (SG SCOM/de Zeehond'73, 201100942)		00:00.00
25. 200m wisselslag - Heren		
11 - 13 jaar (Junioren 2 en jonger)		
1. Brent Schiffers (ZPC Woerden, 200902041)		02:47.43
50m 00:38.57 38,57 100m 01:19.49 40,92 150m 02:11.07 51,58		
2. Sven Mulder (Zoetermeer, 200901655)		02:56.74
50m 00:40.14 40,14 100m 01:23.92 43,78 150m 02:20.34 56,42		
3. Izayah Castillo (SG SCOM/de Zeehond'73, 201100311)		02:58.21
50m 00:38.84 38,84 100m 01:26.01 47,17 150m 02:16.97 50,96		
4. Mees Otto (ZPC Woerden, 201001319)		03:22.48
50m 00:48.17 48,17 100m 01:39.92 51,75 150m 02:37.90 57,98		
5. Jalal Hammadi (Zoetermeer, 201001855)		03:47.08
50m 00:58.18 58,18 100m 01:53.31 55,13 150m 02:56.51 63,20		
6. Max van den Berg (Zoetermeer, 201002437)		04:03.27
50m 01:03.63 63,63 100m 02:03.29 59,66 150m 03:05.92 62,63		
DIS. Lucas de Ronde (WIDEX GZC DONK, 200903207)		00:00.00
DIS. Cas Muller (WIDEX GZC DONK, 200903119)		00:00.00

DIS. Michael Voinov (d'Elft WAVE (SG), 201002803)	00:00.00
DIS. Jurre van Es (ZPC Woerden, 200903567)	00:00.00
DIS. Daan Wisseloo (ZPC Woerden, 201000755)	00:00.00
27. 200m vrije slag - Dames	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Angelique van Vark (WIDEX GZC DONK, 199701478)	02:07.99
50m 00:29.63 29,63 100m 01:02.06 32,43 150m 01:35.27 33,21	
2. Rosalie Braspenninx (ZPC Woerden, 200702530)	02:22.94
50m 00:32.53 32,53 100m 01:10.00 37,47 150m 01:46.94 36,94	
3. Linda van Klei (WIDEX GZC DONK, 198802088)	02:26.96
50m 00:34.96 34,96 100m 01:13.21 38,25 150m 01:50.70 37,49	
4. Aukje Schonewille (SG SCOM/de Zeehond'73, 200702340)	02:33.61
50m 00:36.13 36,13 100m 01:16.20 40,07 150m 01:56.12 39,92	
5. Noa Bijl (SG SCOM/de Zeehond'73, 200603586)	02:35.87
50m 00:35.06 35,06 100m 01:14.96 39,90 150m 01:56.75 41,79	
6. Ilse van den Wijngaard (ZPC Woerden, 198904736)	02:36.86
50m 00:35.04 35,04 100m 01:14.30 39,26 150m 01:55.34 41,04	
7. Esmee Verbeek (Zoetermeer, 200502086)	02:38.08
50m 00:35.85 35,85 100m 01:16.47 40,62 150m 01:58.05 41,58	
8. Sterre de Lange (SG SCOM/de Zeehond'73, 200600036)	02:39.36
50m 00:36.76 36,76 100m 01:16.38 39,62 150m 01:57.80 41,42	
9. Veerle van Munster (ZPC Woerden, 200102632)	02:42.51
50m 00:35.26 35,26 100m 01:15.59 40,33 150m 01:58.85 43,26	
10. Sanne van Dijk (Zoetermeer, 199000818)	02:45.79
50m 00:38.85 38,85 100m 01:20.62 41,77 150m 02:03.56 42,94	
11. Liese Kastelijn (ZPC Woerden, 200505128)	02:47.49
50m 00:38.82 38,82 100m 01:22.11 43,29 150m 02:04.95 42,84	
12. Jana Driest (WIDEX GZC DONK, 200103582)	02:48.59
50m 00:34.34 34,34 100m 01:14.99 40,65 150m 02:01.37 46,38	
13. Clementine Bruxvoort (SG SCOM/de Zeehond'73, 197700138)	03:11.84
50m 00:42.89 42,89 100m 01:32.37 49,48 150m 02:22.69 50,32	
28. 100m vrije slag - Dames	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Marlinde Beukers (d'Elft WAVE (SG), 200101934)	01:02.98
50m 00:29.84 29,84	
2. Anne Aarts (d'Elft WAVE (SG), 199207942)	01:09.10
50m 00:32.34 32,34	
3. Gerda van Mook (d'Elft WAVE (SG), 199301538)	01:15.87
50m 00:36.53 36,53	
29. 200m vrije slag - Heren	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Bas Blanker (SG SCOM/de Zeehond'73, 200601497)	02:02.87
50m 00:31.33 31,33 100m 01:00.00 28,67 150m 01:31.82 31,82	
2. Ian Terlouw (ZPC Woerden, 200002345)	02:04.79
50m 00:28.39 28,39 100m 01:00.08 31,69 150m 01:32.84 32,76	
3. Kaan Uludag (Zoetermeer, 200603559)	02:08.94
50m 00:28.75 28,75 100m 01:02.17 33,42 150m 01:37.13 34,96	
4. Jarno Verbeek (Zoetermeer, 200200931)	02:10.40
50m 00:29.35 29,35 100m 01:01.54 32,19 150m 01:35.67 34,13	

5. Milan de Roo (ZPC Woerden, 200102215)				02:11.02	
50m	00:29.51	100m	01:02.87	150m	01:37.65
6. Paul van Grol (WIDEX GZC DONK, 199602951)				02:12.17	
50m	00:30.19	100m	01:04.74	150m	01:38.98
7. Thom van Vark (WIDEX GZC DONK, 200101305)				02:16.41	
50m	00:29.86	100m	01:04.14	150m	01:41.09
8. Rick de Waard (SG SCOM/de Zeehond'73, 199401095)				02:17.33	
50m	00:30.18	100m	01:04.59	150m	01:40.76
9. Floris Tiebosch (Zoetermeer, 200203487)				02:31.70	
50m	00:34.30	100m	01:13.19	150m	01:53.53
10. Jim Fanggiday (ZPC Woerden, 197902071)				02:32.80	
50m	00:32.26	100m	01:09.76	150m	01:50.71
11. Alfonso Verkerk (SG SCOM/de Zeehond'73, 197601665)				02:42.33	
50m	00:36.10	100m	01:18.13	150m	02:02.22
30. 100m vrije slag - Heren					
<i>vanaf 11 jaar (Senioren Open)</i>					
1. Thijs Molendijk (d'Elft WAVE (SG), 199900477)				00:58.10	
50m	00:27.77				
2. Jeroen Bechtold (d'Elft WAVE (SG), 200002657)				01:01.32	
50m	00:29.58				
3. Wout van Oevelen (d'Elft WAVE (SG), 200404319)				01:02.58	
50m	00:30.22				
4. Kevin Lu (d'Elft WAVE (SG), 200303283)				01:04.95	
50m	00:31.65				
5. Sven Paauwe (d'Elft WAVE (SG), 199504701)				01:05.18	
50m	00:29.56				
6. Menno Lomans (d'Elft WAVE (SG), 196101071)				01:10.04	
50m	00:33.50				
32. 200m vrije slag - Dames					
<i>11 - 16 jaar (Jeugd 2 en jonger)</i>					
1. Anoeska Wiltenburg (WIDEX GZC DONK, 200703028)				02:22.41	
50m	00:33.32	100m	01:09.66	150m	01:46.68
2. Nada Mghizrat (WIDEX GZC DONK, 200702178)				02:25.53	
50m	00:33.18	100m	01:09.35	150m	01:46.63
3. Puck Hoogveen (ZPC Woerden, 200701794)				02:34.68	
50m	00:35.23	100m	01:14.06	150m	01:54.55
4. Nayely Acosta Avarado (d'Elft WAVE (SG), 200602934)				02:35.62	
50m	00:35.12	100m	01:14.68	150m	01:55.71
5. Ebony Mercera (SG SCOM/de Zeehond'73, 200800488)				02:38.43	
50m	00:36.13	100m	01:16.47	150m	01:58.17
6. Piera Stallen (WIDEX GZC DONK, 200600510)				02:38.60	
50m	00:34.83	100m	01:14.79	150m	01:57.68
7. Lieke van den Anandel (d'Elft WAVE (SG), 200702010)				02:39.47	
50m	00:35.46	100m	01:16.05	150m	01:58.26
8. Tamar Schelling (ZPC Woerden, 200604544)				02:43.82	
50m	00:37.52	100m	01:19.66	150m	02:02.37
9. Hannah Rybka (SG SCOM/de Zeehond'73, 200900942)				02:44.08	
50m	00:39.67	100m	01:22.16	150m	02:04.08
10. Lisa Bruining (ZPC Woerden, 200702528)				02:45.67	
50m	00:37.92	100m	01:20.99	150m	02:05.03

11. Evelien Holterman (Zoetermeer, 200601124)	02:46.66
50m 00:37.20 37,20 100m 01:18.92 41,72 150m 02:03.17 44,25	
12. Josanne Betting (ZPC Woerden, 200604842)	02:47.90
50m 00:38.44 38,44 100m 01:21.31 42,87 150m 02:05.20 43,89	
13. Sterre Verhage (SG SCOM/de Zeehond'73, 200702494)	02:49.03
50m 00:39.17 39,17 100m 01:23.62 44,45 150m 02:08.47 44,85	
14. Loes van Wensem (WIDEX GZC DONK, 200802208)	02:54.00
50m 00:37.70 37,70 100m 01:20.91 43,21 150m 02:06.99 46,08	
15. Juliette Burger (d'Elft WAVE (SG), 200702966)	02:54.62
50m 00:38.34 38,34 100m 01:23.00 44,66 150m 02:09.75 46,75	
16. Jiska Oskam (WIDEX GZC DONK, 200903622)	03:20.16
50m 00:44.21 44,21 100m 01:37.28 53,07 150m 02:31.37 54,09	
17. Jolijn Kamp (WIDEX GZC DONK, 200901176)	03:20.81
50m 00:44.38 44,38 100m 01:33.77 49,39 150m 02:27.50 53,73	
18. Mila Kolster (WIDEX GZC DONK, 200903620)	03:24.08
50m 00:46.15 46,15 100m 01:39.51 53,36 150m 02:33.76 54,25	
19. Gina Klaster (ZPC Woerden, 200804382)	04:28.17
50m 00:53.18 53,18 100m 02:00.02 66,84 150m 03:15.33 75,31	
35. 200m vrije slag - Heren	
11 - 17 jaar (<i>Jeugd 2 en jonger</i>)	
1. Björn Mulder (Zoetermeer, 200601517)	02:11.83
50m 00:30.31 30,31 100m 01:03.61 33,30 150m 01:38.38 34,77	
2. Roan van der Weide (WIDEX GZC DONK, 200601629)	02:11.95
50m 00:30.38 30,38 100m 01:03.58 33,20 150m 01:38.51 34,93	
3. Benjamin Vermeer (Zoetermeer, 200600177)	02:16.14
50m 00:29.53 29,53 100m 01:04.51 34,98 150m 01:40.46 35,95	
4. Bart Tuinenburg (ZPC Woerden, 200602347)	02:16.72
50m 00:30.00 30,00 100m 01:04.45 34,45 150m 01:40.48 36,03	
5. Tibbe Veldboer (SG SCOM/de Zeehond'73, 200600911)	02:19.63
50m 00:31.74 31,74 100m 01:07.11 35,37 150m 01:43.29 36,18	
6. Eddie Salkicevic (d'Elft WAVE (SG), 200503983)	02:26.72
50m 00:33.06 33,06 100m 01:10.81 37,75 150m 01:49.23 38,42	
7. Daniel Gavran (WIDEX GZC DONK, 200600667)	02:32.31
50m 00:32.51 32,51 100m 01:10.97 38,46 150m 01:52.19 41,22	
8. Maurice Tiebosch (Zoetermeer, 200601253)	02:37.98
50m 00:34.70 34,70 100m 01:14.24 39,54 150m 01:56.37 42,13	
9. Tijl Gerritsen (d'Elft WAVE (SG), 200703869)	02:51.39
50m 00:37.20 37,20 100m 01:21.17 43,97 150m 02:07.25 46,08	
10. Max van Schagen (WIDEX GZC DONK, 200800793)	03:11.14
50m 00:40.83 40,83 100m 01:31.03 50,20 150m 02:22.53 51,50	
DIS. Casper van Leeuwen (WIDEX GZC DONK, 200601329)	00:00.00
37. 100m vlinderslag - Dames	
11 - 14 jaar (<i>Junioren 4 en jonger</i>)	
1. Eva Ehlert (WIDEX GZC DONK, 201002026)	01:20.95
50m 00:37.50 37,50	
2. Sanne Mulder (Zoetermeer, 200900280)	01:24.95
50m 00:38.17 38,17	
3. Merel Bijl (SG SCOM/de Zeehond'73, 200900762)	01:25.20
50m 00:38.62 38,62	

4. Ola Zalewska (SG SCOM/de Zeehond'73, 200802836) 50m 00:38.81 38,81	01:28.13
5. Daynah de Snaijer (Zoetermeer, 200802266) 50m 00:41.12 41,12	01:32.19
6. Hei Yiu Tang (SG SCOM/de Zeehond'73, 200902148) 50m 00:41.29 41,29	01:32.33
7. Tess Liebrechts (WIDEX GZC DONK, 201000212) 50m 00:43.93 43,93	01:34.00
8. Anouk de Jong (WIDEX GZC DONK, 200902506) 50m 00:46.29 46,29	01:34.10
9. Eloise van der Sluijs (ZPC Woerden, 200802312) 50m 00:40.96 40,96	01:39.49
10. Alisa van Brummelen (Zoetermeer, 200903150) 50m 00:48.34 48,34	01:42.68
11. Inde Turnbull (ZPC Woerden, 200903666) 50m 00:45.77 45,77	01:46.30
12. Mayah Castillo (SG SCOM/de Zeehond'73, 200902544) 50m 00:45.96 45,96	01:47.55
13. Eva Khouri de Jong (ZPC Woerden, 200804384) 50m 00:46.34 46,34	01:48.18
14. Lise Post (d'Elft WAVE (SG), 200902228) 50m 00:50.17 50,17	01:51.13
15. Charlotte Brouwer (WIDEX GZC DONK, 200902606) 50m 00:49.98 49,98	01:54.67
16. Madeleine Burger (d'Elft WAVE (SG), 200803174) 50m 00:54.81 54,81	01:55.06
17. Zsazsa Klever (d'Elft WAVE (SG), 200802758) 50m 00:52.78 52,78	01:56.06
18. Jasmijn Hoogeveen (ZPC Woerden, 200900994) 50m 00:52.99 52,99	02:02.22
19. Kyra van Paassen (d'Elft WAVE (SG), 200903802) 50m 00:57.99 57,99	02:06.73
39. 100m vlinderslag - Heren <i>11 - 15 jaar (Junioren 4 en jonger)</i>	
1. Thijs den Hollander (ZPC Woerden, 200702477) 50m 00:33.62 33,62	01:14.51
2. Max Bos (SG SCOM/de Zeehond'73, 200701383) [S10] 50m 00:33.99 33,99	01:15.75
3. Freek Ruijssenaars (ZPC Woerden, 200702139) 50m 00:34.68 34,68	01:21.91
4. Guus van Oevelen (d'Elft WAVE (SG), 200702533) 50m 00:39.35 39,35	01:24.97
5. Seth van den Dool (WIDEX GZC DONK, 200803809) 50m 00:40.12 40,12	01:28.62
6. Daniel Gospodinov (SG SCOM/de Zeehond'73, 200803567) 50m 00:43.72 43,72	01:40.64
7. Noah Koenes (ZPC Woerden, 200803725) 50m 00:49.81 49,81	01:53.19
DIS. Adam Krajewski (d'Elft WAVE (SG), 200703695)	00:00.00

41. 100m wisselslag -

9 - 10 jaar (Minioren 4 en 5) Dames

1. Amelia Dziuba (SG SCOM/de Zeehond'73, 201201208) 01:42.74
50m 00:47.43 47,43
2. Fenna Visser (WIDEX GZC DONK, 201300678) 01:44.14
50m 00:47.08 47,08
3. Migle Groeneweg (SG SCOM/de Zeehond'73, 201300702) 01:49.19
50m 00:52.81 52,81
4. Fenna Suvaal (ZPC Woerden, 201201502) 01:49.88
50m 00:52.34 52,34
5. Linn Klene (ZPC Woerden, 201200712) 01:57.59
50m 00:56.12 56,12

9 - 11 jaar (Minioren 4,5,6) Heren

1. Tom Vink (ZPC Woerden, 201101713) 01:36.19
50m 00:45.14 45,14
2. Thijs Hoogeveen (ZPC Woerden, 201100503) 01:36.34
50m 00:45.48 45,48
3. Daniel Bagdasarov (ZPC Woerden, 201101511) 01:56.69
50m 00:54.22 54,22
4. Timo Verleur (d'Elft WAVE (SG), 201100635) 02:00.52
50m 00:58.60 58,60

DIS. Jonathan van Paassen (d'Elft WAVE (SG), 201102641) 00:00.00

DIS. Silvijn Fanggiday (ZPC Woerden, 201201281) 00:00.00

DIS. Judah Turnbull (ZPC Woerden, 201201435) 00:00.00

43. 4x100m vrije slag dames

vanaf 11 jaar (Senioren Open)

1. WIDEX GZC DONK 04:19.00
Anoeska Wiltenburg 2007 50m 00:32.65 32,65
Anoeska Wiltenburg 2007 100m 01:07.23 34,58
Nada Mghizrat 2007 150m 01:39.42 32,19
Nada Mghizrat 2007 200m 02:13.26 33,84
Linda van Klei 1988 250m 02:44.90 31,64
Linda van Klei 1988 300m 03:20.44 35,54
Angelique van Vark 1997 350m 03:48.68 28,24
Angelique van Vark 1997 400m 04:19.00 30,32
2. d'Elft WAVE (SG) 04:35.28
Nayely Acosta Avarado 2006 50m 00:32.55 32,55
Nayely Acosta Avarado 2006 100m 01:10.31 37,76
Lieke van den Andel 2007 150m 01:44.42 34,11
Lieke van den Andel 2007 200m 02:22.58 38,16
Anne Aarts 1992 250m 02:55.71 33,13
Anne Aarts 1992 300m 03:32.71 37,00
Marlinde Beukers 2001 350m 04:02.38 29,67
Marlinde Beukers 2001 400m 04:35.28 32,90
3. ZPC Woerden 04:39.97
Rosalie Braspenincx 2007 50m 00:31.70 31,70
Rosalie Braspenincx 2007 100m 01:05.83 34,13
Veerle van Munster 2001 150m 01:37.45 31,62
Veerle van Munster 2001 200m 02:14.24 36,79
Puck Hoogeveen 2007 250m 02:48.48 34,24
Puck Hoogeveen 2007 300m 03:26.45 37,97
Tamar Schelling 2006 350m 04:01.26 34,81
Tamar Schelling 2006 400m 04:39.97 38,71
4. SG SCOM/de Zeehond'73 04:40.24
Ola Zalewska 2008 50m 00:32.78 32,78

Ola Zalewska 2008	100m	01:08.06	35,28	
Merel Bijl 2009	150m	01:41.55	33,49	
Merel Bijl 2009	200m	02:17.92	36,37	
Ebony Mercera 2008	250m	02:52.65	34,73	
Ebony Mercera 2008	300m	03:31.05	38,40	
Aukje Schonewille 2007	350m	04:04.64	33,59	
Aukje Schonewille 2007	400m	04:40.24	35,60	
5. Zoetermeer				04:49.23
Evelien Holterman 2006	50m	00:35.15	35,15	
Evelien Holterman 2006	100m	01:13.57	38,42	
Sanne van Dijk 1990	150m	01:47.34	33,77	
Sanne van Dijk 1990	200m	02:24.85	37,51	
Sanne Mulder 2009	250m	02:58.24	33,39	
Sanne Mulder 2009	300m	03:35.32	37,08	
Esmee Verbeek 2005	350m	04:09.82	34,50	
Esmee Verbeek 2005	400m	04:49.23	39,41	
6. ZPC Woerden				05:01.47
Lisa Bruining 2007	50m	00:34.84	34,84	
Lisa Bruining 2007	100m	01:14.20	39,36	
Carlijn Verschelling 2010	150m	01:50.27	36,07	
Carlijn Verschelling 2010	200m	02:30.74	40,47	
Liese Kastelijn 2005	250m	03:07.41	36,67	
Liese Kastelijn 2005	300m	03:46.45	39,04	
Josanne Betting 2006	350m	04:21.41	34,96	
Josanne Betting 2006	400m	05:01.47	40,06	
7. WIDEX GZC DONK				05:11.39
Erin de Jong 2010	50m	00:33.08	33,08	
Erin de Jong 2010	100m	01:09.55	36,47	
Anouk de Jong 2009	150m	01:45.88	36,33	
Anouk de Jong 2009	200m	02:25.64	39,76	
Charlotte Brouwer 2009	250m	03:08.04	42,40	
Charlotte Brouwer 2009	300m	03:51.03	42,99	
Brisa Dekkers 2010	350m	04:27.40	36,37	
Brisa Dekkers 2010	400m	05:11.39	43,99	
8. WIDEX GZC DONK				05:47.53
Jana Driest 2001	50m	00:32.68	32,68	
Jana Driest 2001	100m	01:10.29	37,61	
Jiska Oskam 2009	150m	01:52.26	41,97	
Jiska Oskam 2009	200m	02:40.51	48,25	
Laura de Jong 2011	250m	03:26.07	45,56	
Laura de Jong 2011	300m	04:15.71	49,64	
Mila Kolster 2009	350m	04:59.04	43,33	
Mila Kolster 2009	400m	05:47.53	48,49	
45. 4x50m vrije slag heren				
vanaf 11 jaar (Senioren Open)				
1. Zoetermeer				01:44.41
Benjamin Vermeer 2006	50m	00:27.12	27,12	
Jarno Verbeek 2002	100m	00:51.22	24,10	
Björn Mulder 2006	150m	01:18.86	27,64	
Kaan Uludag 2006	200m	01:44.41	25,55	
2. ZPC Woerden				01:47.53
Ian Terlouw 2000	50m	00:25.26	25,26	
Milan de Roo 2001	100m	00:51.29	26,03	
Freek Ruijssenaars 2007	150m	01:19.20	27,91	
Thijs den Hollander 2007	200m	01:47.53	28,33	
3. WIDEX GZC DONK				01:47.61
Roan van der Weide 2006	50m	00:26.37	26,37	
Thom van Vark 2001	100m	00:54.20	27,83	
Casper van Leeuwen 2006	150m	01:22.14	27,94	
Paul van Grol 1996	200m	01:47.61	25,47	
4. SG SCOM/de Zeehond'73				01:51.29

Bas Blanker 2006	50m	00:26.35	26,35	
Rick de Waard 1994	100m	00:53.72	27,37	
Tibbe Veldboer 2006	150m	01:24.08	30,36	
Max Bos 2007	200m	01:51.29	27,21	
5. d'Elft WAVE (SG)				01:51.96
Eddie Salkicevic 2005	50m	00:28.05	28,05	
Wout van Oevelen 2004	100m	00:57.24	29,19	
Sven Paauwe 1995	150m	01:26.30	29,06	
Thijs Molendijk 1999	200m	01:51.96	25,66	
6. Zoetermeer				01:58.97
Thomas de Ruig 1993	50m	00:26.97	26,97	
Floris Tiebosch 2002	100m	00:56.76	29,79	
Maurice Tiebosch 2006	150m	01:28.66	31,90	
Sven Mulder 2009	200m	01:58.97	30,31	
7. ZPC Woerden				02:02.84
Bart Tuinenburg 2006	50m	00:28.14	28,14	
Jim Faggiday 1979	100m	00:56.17	28,03	
Brent Schifflers 2009	150m	01:27.14	30,97	
Noah Koenes 2008	200m	02:02.84	35,70	
DIS. WIDEX GZC DONK				00:00.00
Max van Schagen 2008	50m	00:36.37	36,37	
Kyan van Wetten 2009	200m	00:00.00	-36,37	